



Tropic Lightning Soldiers Comanche Troop, 3-4th Cav. Regt., 3rd BCT, 25th ID, prepare to descend from a Marine Corps helicopter, Tuesday. The Raiders conducted rappel operations, FRIES and helocasts, March 21-23.

‘Raiders’ practice FRIES with Airmen, Marines

Story and photos by

STAFF SGT. ARMANDO R. LIMON
3rd Brigade Combat Team Public Affairs
25th Infantry Division

MARINE CORPS TRAINING AREA BELLOWS — The Soldiers of Comanche Troop, 3rd Squadron, 4th Cavalry Regiment, “Raiders,” 3rd Brigade Combat Team, 25th Infantry Division, conducted fast rope insertion extraction system (FRIES) techniques with their Marine Corps and Air Force counterparts, here, Tuesday.

The Raiders also conducted a series of rappels and sling loads from UH-60 Black Hawks, and helocasts from CH-47 Chinooks, Monday and Tuesday, as part of the overall helicopter training.

The second day of training was nothing ordinary as the Raiders conducted joint training with Airmen assigned to 25th Air Support Operations Squadron, as both fast roped down from Marine Light Attack Helicopter Squadron 367’s UH-1Y “Venom” helicopter.

“Yesterday, we did the rappelling from the UH-60s, and we got some good rappel techniques,” said Sgt. 1st Class Tim Briggs, platoon sergeant, 1st Plt. Comanche Troop, 3-4 Cav. Regt. “We kind of fine-tuned those techniques. Today, with the fast rope, it’s a little bit different, a little bit higher risk.”

Briggs stated the challenges of working together, interservice-wise, with the Marine Corps, such as understanding distinct systems and standard operating procedures, which had to be taken into account before training could commence.

“The Marines are obviously going to bring different techniques that we’re going to learn from, and they’re going to take something away from us, so the more we get to work with other agencies or other services, that obviously makes us – and them – better,” he said.

Sgt. Nicholas Carson, FRIES master, Comanche Troop, 3-4 Cav. Regt., stated that he had conducted fast rope operations from the Army’s UH-60 Black Hawk helicopter, but never before from a UH-1Y, and had to adjust the training accordingly.

“With the Marines today, they use a different system for point of attachment in their UH-1Y,” Carson said. “They use gantries versus FRIES bars, which are commonly used in the UH-60. It’s going to be a learning experience for me, so I hope I come out with a better realization with FRIES on a whole.”



Comanche Troop Raiders, along with Airmen from the 25th ASO, conduct FRIES operations together in a joint environment with Marines.

Air Force joint terminal attack controllers (JTAC) from the 25th ASO Sqdn. base out of Wheeler Army Airfield fast-roped, alongside their Army counterparts, down to the landing zone.



A Raider descends from a hovering Marine Corps UH-1Y Venom helicopter at MCTAB, Tuesday, after being lifted 30 feet above the ground.

“All of our JTACs are assigned to the different battalions and brigades at the Army level and go out in the field with them. The guys out here right now are actually part of this unit and would be stationed out with them,” explained Staff Sgt. Andrew Hardie, JTAC, 25th ASO Sqdn.

Capt. Patrick Butler piloted the HMLA-367 helicopter from Marine Corps Base Hawaii, to Bellows for the mission.

Butler described his part of the operation: “We’re going to do what we call elevator operations, where we’ll land on deck and then load up troops. We’re going to load up to eight of the troops in back, and then we’re going to lift up into a hover up to 30 feet. Afterward, they’re going to release the ropes, so the Soldiers and Airmen can fast rope down out onto the deck.”

As for the Soldiers with Comanche Troop, the training provided something out of their normal comfort zone.

“It’s actually nice to be able to use a different aircraft, because normally we use Army UH-60s or UH-47s, so I’m excited to use a different bird,” said Spc. Ryan Danielian, infantryman, Comanche Troop, 3-4th Cav. Regt.

“Honestly, it’s a nice adrenaline rush. It’s something different that a lot of people don’t get to do. I’m all about doing new stuff that gives you that little rush, so it’s not just typical stuff,” Danielian added.

84th Eng. increases mission capability, predictability

ARMY NEWS RELEASE

News Release

SCHOFIELD BARRACKS — The 84th Engineer Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, activated the Global Combat Support System-Army (GCSS-A), recently, to replace the Standard Army Management Information System.

GCSS-A is a modernized logistic and financial system that benefits tactical units and installations by tracking unit maintenance, the aggregate costs of owning equipment, including repairs and annual vehicle services, and the order and delivery of supplies, spare parts and organizational equipment.

It provides a means for users to exchange operational data pertaining to tactical maintenance, materiel management, prop-

erty accountability and tactical financials – all of the sustainment-related functional areas. By having access to operational data, units can conduct meaningful crosstalk and improve the efficiency and readiness of the Army as a whole.

“We are able to order parts, track parts ... and all classes of supply go through it. You can get live information of what SSA has available in their warehouse, so we can get the parts we need faster,” said Staff Sgt. Rayce Burns, 523rd Eng. Company motor sergeant. “Soon, GCSS-A will manage supplies for the entire Army. Right now, the transition period is difficult, but once we learn the ins and outs of GCAA-S, it will be very useful. I am excited the Army is trusting us to learn and use this new system.”

Some of the advantages that GCSS-A presents are uniformity,

planning and accountability through a multi-scope framework that allows leaders to manage their combat power. Units now have the means to integrate thousands of local databases into a single system. Commanders can now anticipate, allocate and synchronize the flow of resources through the use of real-time expense report, thus better managing and controlling funds.

Within the first month of operation, GCSS-A greatly streamlined and improved maintenance operations in the 84th Eng. Bn. Commanders and leaders are now able to see equipment status reports and can better prioritize repairs throughout their fleet.

Ultimately, GCSS-A provides units with realistic forecasts for when equipment will be mission capable, and it ensures greater predictability for when and how maintenance will be conducted.

‘Digital Job Book’ to track training goes online this month

C. TODD LOPEZ

Army News Service

WASHINGTON — “Job books” will return to the Army at the end of this month, in digital form, allowing Soldiers to track such things as physical training, weapons qualification, mandatory training, scheduled classes and unit training schedules.

Command Sgt. Maj. David S. Davenport, U.S. Army Training and Doctrine Command, said it is March 25 when the new Digital Job Book goes online in beta form within the Army Training Network.

“The digital job book – by proponent – lists the critical tasks that Soldiers need to be proficient on, by skill level,” Davenport said. “It allows leaders to record that training. What’s powerful about it is, it also allows chains of command to come in and insert tasks they want to work on as well.”

During a TRADOC-led online town hall last week, Davenport said the new Digital Job Book is a reincarnation of the job books of days past, which were paper, about three inches by an inch and a half in size, and carried around in cargo pockets. Soldiers initialed which tasks they had completed.

The books allowed Soldiers to always know how current they were on training, and also allowed them to convey that information to their leadership.

“So when the sergeant major was out running around, he could ask Soldiers what they were training on,” Davenport said. “And leaders would take that book to training meetings and plan training for Soldiers.”

Davenport said the Digital Job Book will synch with the Army Training Requirements and Resources System and Digital Training Management System.

Army National Guard Command Sgt. Maj. Brunk W. Conley said squad leaders “need to be all over this,” and that they should sign up for the beta test of the Digital Job Book and start annotating their own and subordinate training.

“We have to get back into a training mentality with our first-line leaders,” he said.

Campaign hats?

Back in 2007, the Army transitioned from using drill sergeants in

Advanced Individual Training to AIT platoon sergeants. Davenport said the move was made as a way to “recognize that period of transformation that (Soldiers) were going through – less total control.”

Now, Davenport said, the Army is looking at putting drill sergeants back into the AIT environment.

“It’s a recommendation. Of course, we have to see about funding. But, we are trying to do everything we can to make sure our Soldiers are successful when they transition to their first unit of assignment,” Davenport said. “We lose about 12 percent in the training base of the cohort that we get. And we want to make sure they are the fittest, and most disciplined and well-trained Soldiers that we have as we give them to their first unit of assignment.”

Davenport didn’t say that AIT platoon sergeants weren’t doing a good job now – he said, instead, that drill sergeants are “a way to invest in the training of our Soldiers. ... We’ve done the cost analysis; we’re moving the case forward to see if it’s first of all feasible, affordable and sustainable. Anything we do, you have to look through those filters to affect change.”



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Senior leaders sign MOMC proclamation

Whereas, since 1986, Army installations around the world have celebrated the Month of the Military Child throughout the month of April, recognizing the sacrifices and applauding the courage of military children;

Whereas, each day, military children experience unique challenges, which they face with resilience and dignity beyond their years;

Whereas, it is essential to recognize that military children do make a significant contribution to our nation through understanding and supporting their military parents who often work long hours and make numerous deployments when called upon;

Whereas, military children contribute to their families by providing a source of strength and providing a sense of responsibility for those who protect our nation;

Whereas, military children are the source of pride and honor that Americans have regarding their Soldiers' support to the nation, it is fitting to recognize

our military children's contributions and celebrate their spirit;

Whereas, our men and women in uniform can focus on the missions and challenges ahead when they know that their children are safe and secure;

Whereas, the Army strives to provide a safe and nurturing environment for military children, enabling our Soldiers to have peace of mind and thus be a stronger and more ready and resilient fighting force;

Whereas, the Month of the Military Child reinforces this concept and allows us to take stock in, and recognize that our Soldiers' children also play an important role in support of their parents, and thus, the nation; and

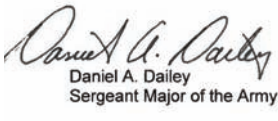
Now, therefore, 2016 marks the 30th year that we celebrate the Month of the Military Child; we hereby join the nation in recognizing the important contributions and sacrifices our military children make as we honor them throughout the month of April.


Patrick J. Murphy
Acting Secretary of the Army




Mark A. Milley
General, United States Army
Chief of Staff




Daniel A. Dailey
Sergeant Major of the Army



2016 wildfire season is about to begin

COL. DUANE R. MILLER
Director, Emergency Services
U.S. Army Garrison-Hawaii

U.S. Army-Hawaii is supported by a wealth of expertise and professionalism in the form of its Army wildland firefighters. These firefighters stand ready to respond to fire emergencies across our installations and in particular within our training areas.

The Fire and Emergency Services Division is the only National Wildfire Coordinating Group certified and fully staffed in the state of Hawaii, providing fire suppression for all Army installations and training areas on Oahu.

The division is comprised of 12 wildland firefighters who have experience working wildfires in Hawaii and across the continental U.S., from the wilderness of the Pacific Northwest to the swamps of the Florida Everglades and the mountains of Appalachia.

Established in 2006, the garrison's Directorate of Emergency Services' Fire Division fills a critical niche in the Army's fire prevention plan, protecting the lives and property of the surrounding communities, as well as the threatened and endangered plants and animals that live on or near Oahu's Army installations.



Photo courtesy of U.S. Army Garrison-Hawaii Directorate of Emergency Services

A 25th Combat Aviation Brigade, 25th Infantry Division, Black Hawk draws a full "bambi bucket" of water from a reservoir during a 2015 wildfire.

Wildland fire personnel prevent brush and range fires by implementing prescribed burns, a fire manage-

ment tool designed to reduce excess brush (fuel) from Army ranges in a controlled and orchestrated manner.

Each firefighter is devoted to the protection and preservation of our community.

I am proud and relieved to have these consummate professionals serving our community through their relentless efforts in facing these dangers. They have my thanks.

Wildland Firefighters

Being a USAG-HI wildland firefighter requires many specialized skill sets and certifications, including these:

- Basic firefighter.
- Incident command.
- Firebreak construction.
- Helicopter support.
- Prescribe fire operations.
- Handline construction.
- Hose lay operations.
- Mobile attack.
- Initial attack and extended attack operations.

Additional training includes fire investigation, fire prevention and specialized communications that allow coordinated fire suppression operations using military and civilian aircraft. Visit www.garrison.hawaii.army.mil/des/default.html.



Hope in a bunny, a football and a comeback

CHAPLAIN (MAJ.) JOHN GRAUER
Plans and Operations

U.S. Army Garrison-Hawaii

Easter means different things to different people.

For some, it's cute little fluffy chickens; for others, it's bunnies.

In my family's tradition, we get together and color eggs - lots of eggs - and hide them all around the house for my kids to find.

Now, an egg can represent "new



Grauer

Those who are Catholic, Orthodox, Protestant or Evangelical understand what Easter is all about: It's a story about faith. Yet, for many of us, Easter is just another holiday.

I want to share a story with you about one of college football's greatest comebacks during an important, nationally televised game.

With only six seconds left on the clock, the teams were led by the eventual Heisman Trophy winner Doug Flutie (Boston College) versus Bernie Kosar's defending national champion (Miami Hurricanes). Boston was down, 45-41, with time for

life," because new life hatches from the egg, and Easter tells a story about the resurrection giving us new life. But, like other religious holidays, like Christmas, the real meaning has been forgotten.

one last play. That's right, one last play, no second chances. The announcers were Dan Davis and Gino Cappalletti from WRKO, Boston.

Dan Davis: "Here's your ball game folks ... as Flutie takes the snap. ... He drops straight back ... Has some time. ... Now he scrambles away from one hit ... looks ... uncorks a deep one for the end zone. ... Phelan is down there."

Gino Cappalletti: "Oh, he got it!"

Dan: "Did he get it?"

Gino: "He got it!"

Dan: "Touchdown! Touchdown! Touchdown! Touchdown! Touchdown! He did it! He did it! Flutie did it! He hit Phelan in the end zone. Touchdown!"

As you know, Flutie did it. He gave hope. The "miracle" happened and Boston College was the winner. (Yes, some people tell the story a little differently, depending on which team you're on, because a lot of time has passed since that comeback happened.)

On any given day there are comebacks. The Easter story tells about a comeback; it's about Jesus who overcame death. We can debate how it

happened or if the story is entirely accurate. But I want you to look beyond a story of death and look at the story as a comeback.

Jesus, the person, was accused of a crime that he was not guilty of. He was placed on a cross for his particular belief and faith and was subject to all sorts of inhuman punishment until "game over!"

You heard me: The game was over.

Today, people face the same kind of fate. People around the world are suffering for their beliefs. It makes little difference as to what religion you aspire to - when you face persecution, discrimination or hatred, all you really want is it to stop, and that is what Easter and 2,000-plus years of tradition are about: stopping persecution and hatred.

It became a story about three people dying on crosses and one person offering something new, something better and that was hope. That was a comeback: Everything lost, all to be gained. Love overcame hate. Forgiveness overcame revenge.

What the Easter season gives us is hope for a world without fear and hate, hope for a world better than this one, and hope that peace will overcome.

Voices of Ohana



"Too much of anything is not good."

Arnel Bautista
Team Lead
Info Mgmt.
599th Trans. Bde.



"First is to eliminate fried foods, second is to control your portions, and third is to eat a balanced diet."

Capt. Christopher Enyart
Commander, HHD
599th Trans. Bde.



"Stay away from processed sugar."

John Fisher
Chief, PSMO
599th Trans. Bde.



"Read the labels. They are the most important guides to figure out what is going into your diet."

Justin Parker
System Administrator
599th Trans. Bde.



"Eat fewer foods that are high in cholesterol and drink more water."

Sgt. Amado Punto
Movement Control NCO
599th Trans. Bde.

Ribbon-cutting opens maternity ward in Cambodia

Project realized through joint, bilateral partnership between the Navy, USARPAC, Idaho Guard and Cambodian engineers



Photos by Maj. Leslie Waddle, 8th Theater Sustainment Command Public Affairs

A Cambodian mother and child attend the ribbon-cutting ceremony for the completed maternity ward along with the local community. The improvements were completed by Seabees from the Navy’s Mobile Construction Battalion Three, U.S. Pacific Fleet and Royal Cambodian Army Engineers.

MASTER SGT. MARY FERGUSON
8th Theater Sustainment Command Public Affairs

TAKEO PROVINCE, Cambodia — U.S. and Cambodian engineers celebrated with the local community, here, March 16, during a ribbon-cutting ceremony marking the completion of the Prey Sbat Health Center Facility maternity ward improvement project.

The project was sponsored by Angkor Sentinel 2016, an annual bilateral exercise hosted by the Royal Cambodian Armed Forces with participants from U.S. Army-Pacific and Idaho Army National Guard units.

The improvements were completed by Seabees from U.S. Navy Mobile Construction Battalion Three, the U.S. Pacific Fleet, and the Royal Cambodian Army Engineers.

The engineers leveraged the project as a chance to train and build relationships together while improving the ward by adding necessary rest room facilities.

“The quality of our partnership with the local government is what brought us to Prey Sbat,” said Command Warrant Officer 5 Daniel Villarreal.

Villarreal is the 8th Theater Sustainment Command’s Command Chief Warrant Officer and represented USARPAC and Angkor Sentinel 2016 as keynote speaker during the ceremony.

Builder 1st Class Frank Guerrero, a Seabee who worked on the project, said, “Working with the Royal Cambodian Army was great. They have their way of doing construction, and we have ours, and what was great was that we both joined those ways together.”

He said, “Every day we’d come out to work, and we’d always have a crowd of locals curious, and some even came to try to help, and they are the reason why we are here, so it was really great to see that our work made a difference to them, too.”

Villarreal said, “Improving the medical facilities available to mothers and working to make newborn babies of this area as healthy as they can be are most certainly shared desires of both of our countries. Aside from community health benefits that will result from this new building, the U.S. Navy Seabees and Royal Cambodian Army Engineers who worked here will also take home with them new friendships and a deeper appreciation of the people of Cambodia.”

The 26-day project wrapped-up the Seabees’ six-month mission in Cambodia.

Angkor Sentinel 2016 began March 14 and runs through March 25, at the Training School for Multi-National Peace-keeping Forces in Kampong Speu Province. It includes other U.S. Army and Royal Cambodian Army engineer expert academic exchanges and events.



U.S. and Cambodian engineers, together with local leaders, cut the ribbon to mark the completion of the Prey Sbat Health Center Facility maternity ward improvement project in Takeo Province, Cambodia, March 16. The project was sponsored by Angkor Sentinel 2016, an annual bilateral exercise hosted by the Royal Cambodian Armed Forces with Soldiers from USARPAC and Idaho Army National Guard.

DoD ‘Force of the Future’ reforms move forward

CHERYL PELLERIN
DoD News, Defense Media Activity

WASHINGTON — Force of the Future reforms are aligning military and civilian personnel rules with the 21st century, one of the program’s architects said in a recent interview, noting that some revolutionary changes already are moving into place.

Brad R. Carson, senior adviser to the undersecretary of defense for personnel and readiness, told DoD News that one of the new family-friendly rules (extended maternity leave) will be effective almost immediately and another, egg freezing, will be covered by TRICARE starting Oct. 1.

Such changes in the personnel systems account for similar employee benefit developments in the private sector and for changing expectations of the millennial generation.

The secretary so far has announced two groups of reforms, Carson said. These are reforming practices to recruit and retain service members and making changes to appeal more to service members and their families.

“Both (groups) have been wildly popular. We’ve found, (with) great support from the force, from senior leaders, (the) whole Facebook page is devoted to ... how this is going to revolutionize the experience of service members,” Carson said.

Revolutionary change

The first group of reforms included blended retirement, the establishment of a Defense Digital Service, designating a chief recruiting officer and

establishing an Office of People Analytics.

On blended retirement, Carson said today’s retirement system works only for those who have served for 20 years, a number that includes only 10 to 17 percent of service members.

“We’ve tried to modernize the retirement system so that you take away something no matter how long you’ve served,” he said.

Service members will have a 401K plan that they can invest in immediately on entering the service, and after the third year, the department will contribute to those plans.

On the Defense Digital Service, Carson said this is an arm of the U.S. Digital Service. The USDS is made up of software engineers and other experts from across the country who came in at the last minute in December 2013 to shore up the administration’s overburdened healthcare.gov website.

At the Defense Department, Carson said, such experts will come in and work for six months or two years, and have a high impact.

“That’s really our vision for Force of the Future. We want to have this kind of permeability between the private and public sectors, he added.

Recruiting and analysis

On the chief recruiting officer and Office of People Analytics, Carson said the department is moving forward on both reforms.

The department hasn’t yet found the right person to serve as chief recruiting officer, he said. But there’s a need to recruit executives from the

private sector to “come in for a few years to help us,” he added.

The Office of People Analytics will help the department learn more about its service members and civilians and help the services and the Pentagon retain them, Carson said.

“Why do they leave? When do they really join? What do they want over the course of their careers? And what are trends that can be identified?” he said.

“The Office of People Analytics (will have) three or four PhDs in data science (who will) look at these kinds of trends,” Carson said.

Family flexibility

In the second tranche of family reforms, he said the department is moving rapidly on extending maternity leave, which it already has the authority to do, and asking Congress to help the department extend paternity leave.

Another initiative within the second group of reforms seeks to allow a service member, in exchange for an extra service obligation, to stay on a post longer than usual to stabilize the family or accommodate a spouse’s career.

“We’re not forcing the services to do this; we’re giving them the tools (so that) if they want to use this as an incentive they really can,” Carson said.

Another piece, flexible family planning, will make egg-freezing part of the TRICARE program, increase the number of lactation rooms in DoD facilities, and keep every military child care

center open for at least 14 hours a day, he said.

“We hope that we can at least start the implementation of most of these reforms over just the next few months,” he added.

“So, for example, maternity leave will be almost immediate. Egg freezing will be on Oct. 1. ... It may take a few months or even a couple of years to fully implement, but we can start immediately and get the ball rolling,” Carson said.

The next reforms

Carson said the next big group of reforms, which are currently under review by the defense secretary, will include making the up-or-out system governing officer promotions more flexible, allowing lateral entry into the military, establishing technical tracks and encouraging military departments to send more of their officers and senior enlisted to advanced civil schooling.

After that, he said, the department will announce reforms to the 700,000-employee civilian personnel system.

“The challenges are that the personnel system has been around for a very long time, and so there are a lot of rules and regulations that have been built up. Expectations and careers have been built around these rules,” Carson said.

“You have to measure twice and cut once when you think about changing the personnel system,” he added, “but we think we’re making some real progress by looking at what the needs of the force are – what families need.”

SECDEF reviews new technologies from Silicon Valley unit

CHERYL PELLERIN
DoD News, Defense Media Activity

WASHINGTON — Five tech organizations brought their technologies to Defense Secretary Ash Carter during a technology showcase hosted by DoD’s six-month-old forward operating unit, the Defense Innovation Unit Experimental in Silicon Valley.

So far, the unit has identified 22 pilot projects with tech companies and start-ups that have never before worked with the Pentagon.

Five projects are being executed, and 17 others are in various acquisition phases, DIUx officials said in a statement.

Carter visited DIUx as part of a trip to Silicon Valley – his third as defense secretary – and to Seattle to discuss technology and cybersecurity initiatives with officials at some of the region’s top tech companies. The technologies range from cyber and intelligence analysis to drones and new ways to bring DoD and Silicon Valley together, said George Duchak, DIUx director.

Technology outpost

In San Francisco this week, Carter spoke with Ted Schlein, a general partner at Menlo Park venture capital firm Kleiner Perkins Caufield & Byers, which focuses on early stage tech companies in enterprise software and infrastructure markets.

“I would like our people to learn more about what’s out here,” Carter said. “That’s one of the reasons why I have this Defense Innovation Unit Experimental. By the way, it’s called experimental because we’re still experimenting with it, and it’s going to change, and we’re going to keep innovating with it.”

DIUx can help technology entrepreneurs “understand places in the Department of Defense where they can secure funding for ideas that they think are relevant to defense,” he said, “and it’s a place where our people can come and connect with all of you.”

Metrics of success

The metrics of success for the unit include “projects that we use, money that we spend,” Carter added. “That means people. So down the road, ... if there are a couple of 10s, a couple of hundreds of people who have come into the Department of Defense and made a big difference, well, ... that would be a measure.”

Carter officially opened DIUx in August in the heart of Silicon Valley, and the unit has since hosted individual meetings with more than 500 start-ups, entrepreneurs, executives and corporations and hosted several signature events, Duchak said.

DIUx also has familiarized several DoD leaders with opportunities to work more closely with Silicon Valley innovators and entrepreneurs.

“Just as we’ve worked hard to introduce entrepreneurs in the Silicon Valley to DoD and opportunities to work more closely together, we’ve worked equally hard to contextualize what we’ve learned here for the Pentagon’s senior leaders,” the DIUx director said.

Funding pilot projects

Because DIUx has hosted many visits by Pentagon senior leaders, the unit will have access to science and technology and research development, and science and technology funding to execute pilot projects with Silicon Valley vendors,



Photo by Russell Dodson, U.S. Army-Pacific Public Affairs

The DoD is working with several Silicon Valley, Calif., technological companies to produce 22 pilot technological programs, including a vehicle project running on solar or wind power without needing a human driver. This 2010 photo shows an Army-supported hydrogen fuel vehicle being tested at Fort Shafter.

the director said.

Current DIUx projects will support offices across DoD, including the Air Force Space and Missile Systems Center, U.S. Army Medical Command, Joint Improvised-Threat Defeat Agency, U.S. Army Intelligence and Security Command, U.S. Cyber Command, U.S. Special Operations Command, Navy 10th Fleet and others, according to the DIUx statement.

Feature areas for the technology showcase included the following.

- Dynamic network mapping.
- End-point protection through micro-

virtualization.,

- Wind- and solar-powered unmanned maritime vehicles.
- Automated textual analysis and content curation.
- Lean startup methodology applied to DoD problems.
- Dynamically formed aerial and terrestrial mesh networks.

Duchak said DIUx outreach in Silicon Valley is part of an important effort to maintain and increase the U.S. military’s competitive advantage.

‘Cacti’ honors fallen leader with memorial workout

STAFF SGT. ARMANDO R. LIMON
3rd Brigade Combat Team Public Affairs
25th Infantry Division

SCHOFIELD BARRACKS — The “Cacti” of 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Inf. Division, honored one of their fallen Soldiers, 2nd Lt. Clovis Ray, with a memorial workout at Quad C, here, March 15.

Ray was a platoon leader assigned to Cacti’s “Gundog” Delta Company when he was killed in action in Afghanistan, March 15, 2012.

The battalion honored his memory with its 4th annual “2nd Lt. Clovis Ray Hero Workout Competition,” which consists of a 10-mile run and 150 burpee/pull-ups.

“The run and pull-ups can be accomplished in a variety of ways,” explained Capt. Christian Peralta, a platoon leader assigned to Co. D, 2-35th Inf. Regt., and the competition’s organizer.

Soldiers could participate in any of the three categories, which consisted of single competitors, or as teams of two or three.

“(Ray) was an amazing father, leader and person.” Peralta said. “When he was going through basic officer course, after being in the field for a week, he would run an insane amount of miles after a grueling week in the field. He was extremely fit, from what his friends told me. He often had no problem lifting up morale.”

Ray had a passion for running. He would run 10 miles or more around the guarded interior perimeter of Forward Observation Base Blessing, Peralta said.

One of the participants present who served with Ray in Afghanistan, Staff Sgt. Richelieu Faldherbe, a squad leader assigned to Co. C, 1-27th, returned to pay his respects and honor him.

“He was (killed in action) while on a patrol doing left-right seat with the new incoming



Photo by Spc. Patrick Kirby, 3rd Brigade Combat Team, 25th Infantry Division

Spc. Patrick Shane Yother, 2-35th Inf. Regt., 3rd BCT, 25th ID, performs a burpee/pull-up during the 4th Annual 2nd Lt. Clovis Ray Hero Workout Competition at Schofield Barracks, March 15. The competition was to honor Ray, who lost his life March 15, 2012, while deployed to Afghanistan with the 2-35th.

unit,” Faldherbe said. “He wasn’t there with us for a long period of time, but he was one of the best (platoon leaders) that we ever had.”

Faldherbe stated that he participated in the first memorial workout in 2013 and attempted to go to every one until he had a per-

manent change of station at Fort Riley, Kansas. He later returned to the 25th ID again to participate for another year.

“This means a lot to me, and I know it means a lot to Team Gundog,” Faldherbe said. “Some of us can’t be here today, with many

who left the Army or changed duty stations, but I know if they were here they’d participate to honor his memory.”

Former Cacti and Gundogs continue to honor his memory at duty stations across the country.

Army focused on stopping sexual retaliation, says G-1

DAVID VERGUN
Army News Service

WASHINGTON — When asked about the 62 percent retaliation rate for Soldiers reporting sexual harassment and assault, Lt. Gen. James C. McConville replied to a lawmaker, "That's our biggest concern right now ... we still need to get after it."

McConville, deputy chief of staff for Personnel, Army G-1, and his counterparts from the other services, testified before a Senate Armed Services Committee's subcommittee on Personnel, March 9.



The message that retaliation and retribution are wrong, as well as criminal, needs “to get down to the lowest levels in the squads and commanders also have to be held responsible,” McConville said.

In many cases of retaliation reports, commands have taken appropriate actions, he added. The Army has a good path for reporting sexual assaults, but retaliation has to be taken care of as well.

The Army and other services will be publishing policies to make service members understand the seriousness and consequences for retaliation or reprisals, he said.



Photo by Staff Sgt. Carlos R. Davis, 2nd Brigade Combat Team Public Affairs

Six Soldiers from 2nd Brigade Combat Team, 25th Infantry Division, graduate from the Sexual Harassment/ Sexual Assault Response and Prevention Course in February 2015. Recently, Gen. James C. McConville, Army deputy chief of staff for Personnel, testified to Congress about the importance of stopping sexual harassment and retaliation.

The Office of the Secretary of Defense has initiated a working group with each of the services to develop overall Department of Defense policies. These policies will include common definitions, prosecutorial options available and increasing awareness of the problem and its prevalence in the services, he said.

In short, "it's a crime, it can and will be punished and it won't be tolerated," he emphasized.

As a parent of three children, “I expect, and my wife demands that we provide a safe and secure environment for our children,” he said.

His two sons and daughter are all serving in the Army.

The Army “has put a tremendous amount of resources into SHARP. People are getting it, but we need to continue working on it,” he

added.

Sexual harassment and assault are part of a larger issue of upholding Army Values, McConville said.

Every year, 120,000 Soldiers come into the Army, and each of those Soldiers comes in with differing sets of values, he said. It's important to inculcate each of those Soldiers with Army Values.

Changing the culture starts from the top, but a lot of it also needs to come from the bottom up, from the squad level, he said.

LeWonnice Belcher, a branch chief of the G-1 SHARP Program Office, said there are a couple of data points pertaining to retaliation and sexual assault/harassment.

In a recent RAND report, it states that 52 percent of women who officially reported a sexual assault (normally penetrative offense) felt some sort of professional or social retaliation (downgrade of performance appraisal, promotion denials/exclusion from social events or given the cold shoulder treatment, etc.).

There’s another statistic that’s cited, and that is from the Workplace Gender Relations Survey of the Army active component. That survey states that 62 percent of women who reported unwanted sexual contact perceived some form of professional or social retaliation.

94th’s Dodson selected as ADA School CSM

MAJ. TROY FREY
94th Army Air and Missile Defense Command
Public Affairs

JOINT BASE PEARL HARBOR-HICKAM — The Army recently announced that Command Sgt. Maj. Finis A. Dodson, 94th Army Air and Missile Defense Command, has been selected as the senior enlisted adviser for the Air Defense Artillery School at Fort Sill, Okla. “This achievement is indicative of his exceptional performance and demonstrated potential to serve with honor in this next position of great responsibility,” said Brig. Gen. Eric L. Sanchez, commanding general of the 94th AAMDC. “He will be greatly missed by the Sea Dragon ohana.”

Dodson, a native of Olive Branch, Miss., joined the Army in 1987 as an air defender, and has served at all levels within the ADA branch.

He'll be charged with ensuring the ADA school provides the Army and combatant commanders a flexible, adaptive and tailorable ADA force able to defeat the full range of threats across the spectrum of operations.

Dodson will assume the position from outgoing Command Sgt. Maj. Harold L. Lincoln.



Command Sgt. Maj. Finis A. Dodson, senior enlisted adviser, 94th AAMDC, has been an air defender at all levels since joining the Army in 1987.

Trust is the bedrock of our formations. Sexual harassment, sexual assault and retaliation erode trust and affect our readiness. As Soldiers, we must sustain a positive command climate where everyone is treated with dignity and respect.

TOGETHER, THIS WE’LL DEFEND.

SEXUAL ASSAULT. SEXUAL HARASSMENT. NOT IN OUR ARMY.

Join Us: USArmySHARP
WWW.PREVENTSEXUALASSAULT.ARMY.MIL
DOD SAFE HELPLINE: 1-877-995-5247
WWW.SAFEHELPLINE.ORG

UVAOs are armed with knowledge, ready to serve

Story and photo by
ANGIE DIZON

Installation Voting Assistance Officer
U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — More than 170 unit voting assistance officers (UVAOs) participated in a Federal Voting Assistance Program (FVAP) workshop, March 15, facilitated by Kenneth Warford, Department of Defense deputy director, FVAP.

The training focused on the Uniformed Overseas and Citizens Voting Act, which is the legal authority for service members and civilian federal employees serving away from their home jurisdiction and overseas family members.

The workshop gave UVAOs the knowledge to provide voter registration guidance and to process Federal Post Cards Applications and the Federal Write-in Absentee Ballots.

Lt. Col. Britton T. London Sr., executive officer, U.S. Army Garrison-Hawaii, provided inspiring remarks at the openings of the two sessions. He emphasized the privilege and responsibility of each citizen to participate in the election process.

“The role of the UVAOs is of the utmost importance during the election season,” London said. “Voting is what gives American citizens their voice, and the UVAOs will help Soldiers have that voice heard.”

Now armed and ready to provide voter registration information and materials, UVAOs are avail-



Lt. Col. Britton London, executive officer, USAG-HI, speaks to future UVAOs during the Federal Voting Assistance Program Workshop, March 15. The training enables unit-level assistance for Soldiers to apply for, complete and cast absentee Ballots.

able to assist all who are eligible to register and vote.

Voting is a right and a privilege, so be accounted for. Let's vote, America!

Time Off to Vote

The federal government has a long-standing policy of granting employees excused absence from work to vote in elections when the polls are not open at least three hours either before or after an employee's regular work schedule, as long as it does not interfere with operations.

When employees are granted excused absence, the general rule is they may be permitted to report for work three hours after the polls open or leave work three hours before the polls close, whichever involves less time away from work.

The remaining election dates this year follow.

- March 26 - Democratic Presidential Preference Caucus; the Republican Presidential Caucus was March 8.

- Aug. 13 - State Primary; Hawaii is voting for a senator and two representatives.

- Nov. 8 - General Election Day; Polls are open from 7 a.m. to 6 p.m.

For more information, see your unit's UVAO or visit the Schofield Barracks Installation Voting Assistance Office in the Soldiers Support Center, Bldg. 750, Room 102, call 655-5546, or visit www.fvap.gov/.



Today

Debt Collection — A report from the Office of Servicemember Affairs, Consumer Financial Protection Bureau, highlights complaints submitted in 2015 and CFPB enforcement actions that directly impacted the military community.

The report found that service members have been submitting debt collection complaints to the Bureau at nearly twice the rate of non-military consumers.

Additionally, the report highlights CFPB enforcement actions that have returned over \$5 million to the pockets of service members and their families in 2015.

Visit www.consumerfinance.gov/ to read the report.

Best for Vets — The Army & Air Force Exchange Service has been named a “Best for Vets” employer for the third straight year by “Military Times.” The designation recognizes the Exchange as having a company culture and policies that cater to military veterans.

The Exchange was also named a Best for Vets employer in 2014 and 2015, and in 2015, the Exchange hired nearly 1,300 American veterans.

In addition, the organization employed more than 3,400 veterans last year, which comprised 10 percent of the organization's overall workforce.

Hepatitis C — The VA is now able to fund care for all vets with hepatitis C for fiscal year 2016, regardless of the stage of the patient's liver disease. The move follows increased funding from Congress along with reduced drug prices. Visit www.va.gov/opa/pressrel/pressrelease.cfm?id=2762.

26 / Saturday
Saturday Night on the Lawn — The community is invited to a free, live concert, 5-7 p.m., at General's Loop, Schofield Barracks. Enjoy music by the brass band “Disturbing the Peace.”

28 / Monday
ASIST — Learn to be a capable, confident caregiver to those with thoughts of suicide by attending an Applied Suicide Intervention Skills Training workshop.

This two-day workshop, sponsored by the Navy, will be repeated April 7-8. Call 474-1999 for locations.

30 / Wednesday

CIE — The next Community Information Exchange is from 9 to 10:30 a.m. at the Nehelani, Schofield Barracks. All Soldiers, spouses and civilians are invited to the exchange to learn what's happening in the U.S. Army-Hawaii community and to ask questions of subject matter experts.

April

1 / Friday

SHARP — April is Sexual Assault Awareness and Prevention Month, a time to wear the color teal, or place a ribbon or sign at your building, or put a teal ribbon on your car to show everyone that you support SHARP.

Apri 22 is the "SHARPen Your Area" decorating contest. Design your very own SHARP campaign with the message "Eliminate the Behavior" to help get the word out. It is very similar to the door decorating contests seen nationwide; however, it can be a door, a wall, a table or a corner in the office. Your only limitation is your imagination.

2 / Saturday

Solar Impulse 2 — HDOT is pleased to announce a free public viewing of the plane making the first solar-powered flight around the world. The public will be able to see the Solar Impulse 2 and meet the crew, 10 a.m. to 4 p.m., in Hangar 111 at Kalaeloa Airport, Kapolei.

The date of this event may need to be changed to Sunday, depending on the possibility of the plane leaving the hangar for training flights linked to weather conditions.

For more information on the Solar Impulse's mission and journey around the world, please visit www.solarimpulse.com/.

4 / Monday

Remembrance — Rabbi Itchel Krasnjansky will be the guest speaker for National Holocaust Remembrance Day, 1-2:30 p.m., in Wheeler Chapel, hosted by the 209th Aviation Support Battalion.

5 / Tuesday

Gold Star Spouses' Day — Survivor Outreach Services hosts a dinner ceremony, 5:30-8 p.m. Call 655-8432.

6 / Wednesday

Officers Needed — Looking for an opportunity to give back to the community? Officers from all services can do so by honoring JROTC cadets who are at the

top of their class. Volunteer to be one of the medal presenters at the 2016 Hawaii JROTC awards ceremonies, April 6-May 28.

These events are mostly held on high school grounds or community centers in the evening hours. There are 20 high school JROTC units on Oahu needing volunteers. Call 477-8195 during duty hours.

8 / Friday

CSF2 Open House — All U.S. Army-Hawaii units are invited to the Comprehensive Soldier and Family Fitness Training Center open house, 10 a.m.-3 p.m., for an overview and demonstration of program capabilities. Open house is at the CSF2 Center, 1612 Foote Ave., Bldg. 648, Schofield Barracks. Light refreshments will be served. Call 655-5707.

15 / Friday

Purple Up Day — April marks the nation's “Month of the Military Child,” a time to recognize military keiki for their strength, sacrifices and



continued resilience. Wear something purple as a visible way to show support.

21 / Thursday

JROTC Review — The Hawaii State Governor's 34th Annual JROTC Review and Awards Ceremony takes place, 10 a.m., on Fort Shafter's Palm Circle parade field, for about 600 cadets from 24 public and two private schools.

The event includes a cake-cutting ceremony and awards presented to supporting veteran organizations. Open to the public. Call 787-4095.

30 / Saturday

NTBI — National Prescription Take Back Day happens, 10 a.m.-2 p.m., in front of Schofield Barracks Exchange by the flower shop. Community members can drop off expired, unwanted and unused prescription medication for safe disposal. Call 655-4470.

May

6 / Friday

AG Week — Adjutant General Week (May 6-12) begins with breakfast at the 25th Sustainment Brigade's dining facility and concludes with the Adjutant General Corps' 241st anniversary celebration ball, Friday, May 13, in Waikiki. Tickets are available now.

Email agcraalohachapter@gmail.com or visit the “Aloha Chapter AGCRA” Facebook page to learn about more events.



Today

DPW WOM — U.S. Army Garrison-Hawaii's Directorate of Public Works, Work Order Management, has temporarily changed its hours of operations. Until further notice, the hours are 6 a.m.-4 p.m., weekdays.

AMR — Alternating lane closures along Aliamanu Military Reservation's Bougainville Loop, for new utility installation, is currently restricted to one lane only with traffic flow in both the east and westbound lanes controlled by flagman. It should finish up sometime today.



April

4 / Monday

Williston Detour — A road closure on Schofield's Williston Avenue between Cadet Sheridan Road to Reilly Avenue is scheduled to conclude today. Meanwhile, parking lots on Williston are still

accessible.

Traffic is being detoured around the construction area through Cadet Sheridan, Menoher Road and Reilly Avenue.

12 / Tuesday

Menoher — There will be a road closure on Schofield's Menoher Road, between Capron and Sutton avenues, for utility installation. Traffic will be detoured around the construction area through Reilly Avenue, Williston Avenue, Cadet Sheridan Road and Sutton. The work will be performed 8:30 a.m.-5:30 p.m. until the end of May.

30 / Saturday

Lauhala Closures — The road closure along Wheeler's Lauhala Road in the housing area is scheduled to end today. The completion date of this traffic control plan was impacted by weather and was extended.

Ongoing

Sheridan & McCornack

— There's a road closure, weekdays, 8:30 a.m.-3:30 p.m., at the intersection of Schofield's Cadet Sheridan and McCornack Roads. McCornack is accessible from Hewitt Street and Collier Loop. Work is scheduled to conclude April 11.

One-Lane Closure

There's a one-lane closure, 8:30 a.m.-5 p.m., at Schofield's McMahon Road, until March 23. The additional work is for inspection of the new manhole installed on McMahon Road.

Kubo Closure

— Intermittent road closures at Fort Shafter's Kubo Street, weekdays, 7 a.m.-5:30 p.m., continue until May 13. This construction work will occupy Kubo from Bldg. T-126 to the intersection of Kubo and Funston Road at Bldg. 12.

Revised Lyman/Flagler

— There are traffic modifications, weekdays, 7 a.m.-4 p.m., at Schofield's intersection of Lyman and Flagler to widen Lyman Road, add a dedicated left turn lane, and add traffic and pedestrian signals to the intersection, until Aug. 12.

Construction will be phased, so road widening will be performed first, providing an additional lane. The majority of the project will allow traffic to flow in both directions of Lyman and Flagler. Turns will be limited at the intersection to provide two lanes of traffic.

Airdrome Road

— One-lane road closures along Wheeler's Airdrome Road from the sewage treatment plant to the flight simulator continue weekdays, 8 a.m.-3:30 p.m., until June 30.



Dugway considers women bridging the gender gap

BONNIE A. ROBINSON
Army News Service

DUGWAY PROVING GROUND, Utah — Dr. Susan R. Madsen, a top-tier speaker who advances women in leadership on a global level, an expert in women’s studies and a professor of management at Utah Valley University, spoke at the Women’s History Month observation, here, recently.

Madsen said it is surprising, with all the Women’s History Month information available, that the legacy and sacrifices of Utah’s “epic pioneer past” are rarely mentioned because Utah was the second state to ratify a woman’s right to vote.

“We should still be on the cutting edge of this involvement, but times have changed ... and surprisingly not for the better,” she said.

She provided the audience some data on women.

Survey results

Recent women’s turnout rates have equaled or exceeded voter turnouts for men, according to the Center for American Women in Politics and a study by Rutgers University. Women constitute more than half of the population; yet, they cast between four and seven million more votes than men.

Gender impacts national issues. A 2012 Gallup survey reports women’s votes reflect issues of social safety nets, cost of education, raising taxes for the rich and the increasing cost of health care.

According to the Women’s Bureau of the Department of Labor, women comprise 47 percent of the total U.S. workforce, or 124 million women 16 years and over who work or are looking for work. The Bureau projects a 51 percent



Photo by Al Vogel, Dugway Public Affairs

Dr. Susan R. Madsen speaks at Dugway Proving Ground, March 14, for Women History Month. Madsen has been heavily involved for over a decade in researching the development of women leaders.

increase between now and 2018.

Nationally, nearly half of women are employed, with 43 percent full-time workers and 13 percent part time. Employment is highly age related and peaks at a 30- to 49-year bracket, meaning 73 percent of working women are employed in this age bracket.

Jobs drop with age to 13 percent of women 65 and older in the work force, according to a

Gallup report.

The average working woman works outside the home and cares for children in three out of 10 households, Madsen noted.

Madsen’s studies point to research that can introduce and strengthen ways for men and women to work together.

She shows a combination of men and women provides the best result to bring inclusive-

ness, nurturing and integrity to a business environment. But she noted men receive far more leadership opportunities than women, who have a lack of prospects to perform higher authority duties.

“This leaves women struggling to envision themselves as leaders and believing they are less qualified even when they are not,” she said.

Madsen added that the difference is “striking” when it comes to asking for a promotion. Between 50 to 60 percent of men have the skill sets when they apply for a promotion.

“Women feel they need to own 100 percent of the skills needed before they apply for a position,” she said, attributing the difference to women’s lack of confidence in their abilities, and to men’s belief in their capabilities to qualify for the job.

Madsen said recent studies show a 30 percent tipping point in female management, meaning that a business won’t see change until women hit that magic percentage point.

“We need to make a substantial change in the business culture,” she said. “We must build not only their skills, but their confidence.”

Madsen challenged leaders to provide “more mentors” and “tap more women for leadership” positions.

“This matters! It can change lives!” she said. *(Editor’s note: Robinson works with ATEC. U.S. Army Garrison-Hawaii provided a few comments in this article.)*

Lighting Support hosts Women’s History Month observance

Story and photo by
PFC. HOLLI COOK

25th Sustainment Brigade Public Affairs
25th Infantry Division

SCHOFIELD BARRACKS — The 25th Sustainment Brigade, 25th Infantry Division, hosted a Women’s History Month observance on International Women’s Day, March 9, at Sgt. Smith Theater, here.

Held every March 8, Women’s Day is observed in 23 countries to commemorate the economic, political and social struggles and achievements of women worldwide.

This year’s theme was “Step It Up,” encouraging men and women to pledge to take a solid step toward helping females achieve their ambitions.

“During my 34 years of active duty service, I’ve seen the progress the Army has made in recognizing the importance of equality and diversity, regardless of gender, race, religion or creed,” said guest speaker Maj. Gen. Gwendolyn Bingham, commander, TACOM Life Cycle Management Command.

Bingham referred to women’s first big step into the military, the Women’s Army Corps during World War II, as being the day when women were directly integrated into all branches of military service.

“Women’s History Month stands as a shining example and a reminder of the strength the military has gained and will continue to sustain through having a high quality, diverse volunteer force. Women play pivotal and vital roles in the Army and our military,” Bingham said.

A panel of women leaders answered questions from the Soldiers attending the event. Each panel member had the chance to respond to the questions.

“The opportunities for service women in the future are unlimited,” said Mallory. “No longer do we have to look at Soldiers and say she is a female; there is no way she can accomplish that.”

1st Sgt. Vanessa Sun, 259th Human Resource Company, 25th Special Troops Battalion, gave an account of a personal experience from when she was in training to become a drill sergeant. On her first day, she had a sit-down with the first sergeant at the U.S. Drill Sergeants Course.

“He looked me up and down for about five minutes without saying a word,” said Sun. “The first thing out of his mouth was, ‘I hope you’re not lazy like all those other female drill sergeants.’ I didn’t know what to say at that point. I was shocked when he said that. I have never heard anything like that before. But it made me want to work harder and push myself.”

‘STAYING FOCUSED AND POSITIVE’



Sgt. Kimberly K. Menzies, 94th Army Air and Missile Defense Public Affairs

HONOLULU — Regarding Women’s History Month, Master Sgt. Cassandra McCoy (center) said, “If you have a dream, a vision – go for it. Don’t give up; keep pushing. Life is hard, but don’t let one little setback stop you from achieving your goals.”

Along with Sgt. Kindra Smith (left) and Sgt. Nadine Gonzalez, all 94th AAMDC human resource NCOs, they are “changing the world by working hard, by being inspired, by staying focused and positive,” at the October 2015 Pink Day Fun Run, which is dedicated to breast cancer awareness.



Photo by Christine Cabalo, Oahu Publications

Susan Klejment-Young, SKIES dance instructor, leads her beginner dance class in floor stretches for their arms and legs.

Reach for the SKIES



Courtesy photo

SKIES Unlimited taekwon do intermediate level class members open their session with stretching and motion exercises.

CHRISTINE CABALO
Staff Writer

Unleash the inner artist and uncover new skills with youth classes available through the Schools of Knowledge, Inspiration, Exploration and Skills Unlimited program.

The SKIES Unlimited classes feature a wide range of creative arts, including dance, crafts and other skill sets.

Instructors teach at various Army installations on Oahu, and most classes begin new enrollment monthly. There are classes for all ages of children, from infants to 18 years old.

"The younger you start children, the more they're able to develop and learn their interests," said Kristine Tabbal, director for SKIES Unlimited and a Child, Youth and School Services instructional program specialist. "It can be more difficult when they get older and have more commitments."

Tabbal said, for performance classes, there are several opportunities for groups to show their talents, including recitals or a theater program showcase. The groups are also able to perform at special annual events, including Winter Wonderland and upcoming FunFest at Schofield Barracks.

"It's a great experience for them as children since they travel around a lot," said Susan Klejment-Young, a SKIES dance instructor who has taught in the program since 2008. "When (children) get to a new location, sometimes they can't get into to civilian studios because they can't sign up until a new school year. Our programs are more flexible, beginning monthly, and we have two shows a year."

There are several new SKIES Unlimited classes currently available, including en pointe ballet class, tennis lessons and a Korean language class. To sign up, parents need to register their children with CYSS and prepay for classes by the 30th of the month before starting.

Klejment-Young said she takes inspiration from her students. She said she is impressed by how they are resilient in dealing with changing situations and potentially inconsistent family life.

"I think (SKIES Unlimited classes) are a

good way to build up resiliency and learn how to handle things," Klejment-Young said. "Students learn they are capable in new situations."

Some classes are offered seasonally and last for several weeks. Among the newer classes in this format are a driver's education class, offered off-installation and taught by Jeff Wong. He said he stresses the importance of responsibility and making good decisions.

"In our classes we cover a lot of topics, including road rage, alcohol and peer pressure," he said. "Our books are about 18 chapters. The major topics we focus on are intersections, freeways, road rage and alcohol, because they effect all drivers one way or another. If students aren't directly impacted by it already, then they will come into contact with another driver who is."

Wong said he realizes how it might be difficult to get good instruction, especially after new regulations were put into place for younger drivers in Hawaii since 2001. He said, like other SKIES Unlimited mentors, he is interested in the safe growth of his students.

In April, SKIES Unlimited will host more than 100 class sessions each week, with several instructors whose biographies and credentials are available at the program's website.

"The program focuses young children to explore their interests," Tabbal said. "(Students) can try any class out. If they do want to continue, there are different levels of development."

SKIES Unlimited

Join in on any of the SKIES classes taught six days a week at Schofield Barracks, Aliamanu Military Reservation or Tripler Army Medical Center. Several new classes are available, including tennis, Middle Eastern dance, driver's education and Korean.

For additional information, call 655-9818.

Find the full list and locations at www.himwr.com/skies.



SKIES



Courtesy photo

Young SKIES Unlimited dancers dazzle parents and onlookers with their ballet form during the 2014 Family Fun Fest public performance on Weyand Field.



Photos by Christine Cabalo, Oahu Publications

Above — Susan Klejment-Young, SKIES dance instructor, assists her student in performing the arabesque ballet position.

Left — Susan Klejment-Young, SKIES dance instructor, leads her students Kaylee (left) and Layla Sender during their Tuesday class. The SKIES Unlimited classes include a variety of topics from dance to driver's education.

Briefs

Today

Kolekole 10K Run Registration — Sign up now for this race at SB Leaders Field, tomorrow, March 26, at 7 a.m. This event is open to all military ID cardholders and sponsored guests, runners, walkers, strollers and youth participants. Children not in a stroller must be registered. No animals. Race day entrants must register by 6:45 a.m. Registration is nonrefundable. Visit www.HiMWR.com. Call 655-8789.

Paint ‘n Sip — Anyone can be an artist, so create your own masterpiece while enjoying signature drinks and food from 7-9 p.m., March 25. An experienced artist will guide you through the relaxing process of painting while you sip on your beverage of choice. All supplies are provided. To sign up, visit the SB Arts & Crafts or Tropics Recreation Center. Cost is \$25 per person. The Tropics is located at Foote Avenue, Bldg. 589, SB. Call 655-5698.

Basketball — Register your kids for competitive summer basketball from March 1-30. The season runs from May to August. Games will be at the JBPBH Block Arena. It’s open to youth born 2001-2007 (with no exceptions). Cost is \$55. Register at AMR Registration Office (833-5393) or SB Office (655-5314). Call Youth Sports at 833-5393.

27 / Sunday
Pottery, Quilting and Sewing — Join Arts & Crafts every Sunday at 11 a.m. and create beautiful works of art. Visit the center at 919 Humphreys Road, Bldg. 572. Call 655-4202.

Sunday Brunch — Savor roasted prime rib with a peppercorn and garlic crust, along with exquisite dishes infused from the Pacific Rim, Asia and Hawaii Nouveau at the FS Hale Ikena. Groups and large parties are welcome. Meal is served from 10 a.m.-1 p.m., and reservations are recommended. Adults are \$24.95 and children’s prices are available. Call 438-

FUN FEST, THIS WEEKEND!

Enter to Win! \$500 Gift Card To be used at Leisure Travel Services

Pony rides
Bunny Pictures
Food Trucks
and More!

9:15 a.m. Child Mile Fun Run
No registration required

Fun Fest Events: Pictures with the Easter Bunny! Food Trucks, games, activities, pony rides, petting zoo, bouncers and rides.

Entertainment provided by SKIES.

LTS Travel Fair: Avariety of recreational vendors from around the island offering travel information for your next trip, and a grand prize giveaway!

Environmental Festival Activities: Upcycling, crafts & coloring activities, artifacts search, sustainability and natural resources educational activities.

** Cash only for Fun Fest Activities*

Sprint EGG HUNTS
2-4 yrs 11:00 a.m. ♦ 5-8 yrs 11:20 a.m.
9-12 yrs 11:40 a.m.

Courtesy of Directorate of Family and Morale, Welfare and Recreation, U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — Come out and enjoy the Easter weekend with your family. Kick off the day with a children’s 1-mile fun run at 9:15 a.m. Other activities include pictures with the Easter bunny, pony rides, carnival games, food, environmental activities and SKIES performances. The LTS Travel Fair will have a variety of recreational vendors from around the island with prize giveaways. Be sure to stop by the event for the Sprint egg hunts: ages 2-4, ages 5-8 and ages 9-12. Call 655-0111 for more details.

1974 for more details.

28 / Monday
Dollar Mondays at Schofield Bowl — Come bowl every Monday from 5-10 p.m. for dollar specials on games and shoes. Cost is \$1 per person, per game and \$1 shoe rental per person. Don’t forget to stop by the Na Koa Snack Bar for your choice of a hot dog and a small drink or nachos and a small drink for \$2.50; offer good until April 30. Bowl at Bldg. 557, Burr St., SB. Call 655-0573.

Play Mornings at HMR Chapel — Meet other moms and dads, share information and parenting tips, and give your child a chance to interact with other children in a safe, structured environment, 10-11 a.m. To register, call 655-4227.

Mongolian BBQ — Join SB Kolekole Bar & Grill, Mondays, for Mongolian barbecue, 5-8 p.m. Select your favorite meat and vegetables and have it grilled your way at only 65-cents per ounce. Call 655-0660.

29 / Tuesday
Mexican Cuisine Lunch Buffet — Tuesday buffet, 11 a.m.-1 p.m., at FS Hale Ikena. Features beef tacos w/fixings, chicken fajitas, Spanish rice, refried beans, buttered corn, soup and salad for \$10.95. Call 438-1974.

Taco Tuesday — Every Tuesday night, SB Kolekole Bar & Grill features three tacos, rice and beans dinner for only \$4.99 at 1249 Kolekole Ave. Call 655-4466.

30 / Wednesday

Co-ed Mini Soccer Registration — Youth Sports Hawaii Co-ed Mini Soccer registration runs until March 31. The season is April 14-June 2; practices are Thursdays from 5-6 p.m. This program is open to youth born between 2012-2011. Call the following for more details:

- AMR/FS/Camp Smith, 833-5393.
- SB/WAAF/HMR, 655-5314.

Also, Youth Sports is currently taking applications for soccer coaches. If interested, call Youth Sports or visit www.himwr.com/youth-sports.

FS PFC — The Cardio Equipment Room will close from 11 a.m.-5 p.m., March 30, for delivery and installation of new equipment. Alternate sites (and telephone numbers) for physical fitness follow:

- AMR PFC, Bldg. 1780, 836-0338.
- TAMC PFC, Bldg. 300, 433-6443.

community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today
Native Hawaiian Concert Series — Leilehua Golf Course hosts the monthly series, 6 p.m., on the final Friday of the month. Come to “The Grill” at Leilehua Golf Course for this free event; open to the public. Food and drinks are available for purchase. Military ID is not required. Call 656-0114.

Easter Bunny Photo Opp — The Schofield Exchange will host the Easter bunny for daily photo opportunities, 10 a.m.-7 p.m., today and tomorrow.

- The dual Popeye’s and Burger King (near Foote Gate) will host an Easter egg hunt from 2 to 4 p.m., Saturday, March 26, with games, a coloring contest, a prize giveaway and more. Call 655-6211.
- Bring your baskets to the Exchange Easter egg hunt from 10 to 10:30 a.m., Saturday, March 26. Games will follow the hunt. Call 622-1773.

Hickam Main Store — New hours have begun: Friday and Satur-

day, 10 a.m.-7 p.m., and Sunday-Thursday, 10 a.m.-6 p.m.

26 / Saturday
Saturday Night on the Lawn — The community is invited to this event from 5 to 7 p.m., Saturday, March 26, at General’s Loop, Schofield Barracks. Enjoy free, live music by "Disturbing the Peace," a brass band.

Kolekole — The walking-hiking trail will be open this weekend as follows:

- Saturday, March 25, from 11:30 a.m. to 6:30 p.m. (The time is after the Kolekole 10K Run from 6:30 to 11 a.m.)
- Sunday, March 26, from 5:30 a.m. to 6:30 p.m.

The trail is generally not open on weekdays. If there are problems with gate access, call Range Control at 655-1434.

Sunset Mele on the Rooftop — Residents and visitors alike are invited to the Hawaii Convention Center, beginning at 4:30 p.m., to enjoy an evening of entertainment. April’s edition features live performances by John Feary & Friends, along with an appearance by the Easter bunny and tasty treats for keiki. Enjoy a special screening of “HOP” beginning at 6:30 p.m. in the Kalakaua Ballroom.

29 / Tuesday
Family Night — Enjoy AMR

family gatherings at 5:30 p.m. every Tuesday at the AMR Chapel. This broad-ranging Christian program features fellowship and Bible study from 6:15-7:30 p.m. Child care is provided. Call AMR Chapel at 839-4319. Schofield Family Night is held Wednesdays at 5:30 p.m.

30 / Wednesday
CIE — The next Community Information Exchange is from 9 to 10:30 a.m., Wednesday, March 30, at the Nehelani, Schofield Barracks. All Soldiers, spouses and civilians are invited to the exchange to learn what’s happening in the U.S. Army Hawaii community and to ask questions of subject matter experts.

Star-Advertiser Career Expo — Visit with Hawaii’s best employers, 9 a.m.-3 p.m., at the Neal Blaisdell Center Exhibition Hall, submit an application and discover career opportunities. Got management experience? Visit the “Corner Office” at the expo for a list of management and executive management positions.

April
1 / Friday
Honolulu First Friday — Come

to see the main events between 5 and 9 p.m., and stay for the late night party at some of the trendiest, most popular spots in Honolulu every first Friday of every month. Stop by unique galleries, boutiques, cafes and restaurants that feature exciting art exhibits and free entertainment. Visit www.firstfridayhawaii.com.

5 / Tuesday
Gold Star Spouses — The Survivor Outreach Services Center will host Gold Star Spouses Day from 5:30-8 pm., April 5, for Gold Star Spouses. The dinner ceremony will be held at the SOS Center. Call 655-8432.

9 / Saturday
Hickam Memorial Theater — Doors will open at 2 p.m., and a free advanced screening of “Barbershop: The Next Cut,” begins at 3 p.m., Saturday, April 9. Tickets are available at Hickam Food Court. Call 422-4425.

Ongoing
Mammograms — “Helping Women Now. Are You Due?” The U.S. Army Health Clinic-SB is now offering walk-in mammograms at the Radiology Clinic, Bldg. 685, first floor. Call 433-8355.

Honolulu City Arts and Culture — Review free events at www.honolulu.gov/moca/moca-calendar.html.

worship Services

Additional religious services, children’s programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on “Religious Support Office” under the “Directorates and Support Staff” menu.)

AMR: Aliamanu Chapel
FD: Fort DeRussy Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks
PH: Aloha Jewish Chapel, Pearl Harbor
SC: Soldiers’ Chapel, Schofield Barracks
TAMC: Tripler Army Medical Center Chapel
WAAF: Wheeler Army Airfield Chapel

Buddhist Services
•First Sunday, 1 p.m. at FD
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass
•Thursday, 9 a.m. at AMR
•Saturday, 5 p.m. at TAMC, WAAF
•Sunday services:
- 8:30 a.m. at AMR
- 10:30 a.m. at MPC Annex
- 11 a.m. at TAMC
•Monday-Friday, 11:45 a.m. at Soldiers’ Chapel and 12 p.m., TAMC

Gospel Worship
•Sunday, noon. at MPC
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study
•Friday, 1 p.m. at MPC Annex
•Friday, 2:30 p.m., TAMC
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)
•Friday, 7:30 p.m. at PH

Pagan (Wicca)
•Friday, 7 p.m. at Wheeler Annex

Protestant Worship
•Sunday Services
-9 a.m. at MPC
-9 a.m., at FD, TAMC chapel
-10 a.m. at HMR
-10:30 a.m. at AMR
-11:30 a.m. at WAAF (Spanish language)
-11 a.m. at SC (Contemporary)
Liturgical (Lutheran/Anglican)
•Sunday, 10 a.m. at WAAF

This Week at the
MOVIES
Sgt. Smith Theater

Temporarily closed for maintenance

Call 624-2585 for movie listings or go to aafes.com under reeltime movie listing.

Schofield Barracks’ Sgt. Smith Theater
remains closed for Directorate of Public Works maintenance work.

A reopening date for movie viewing has not been finalized.

Call Schofield Exchange at 237-4502/4572.

This Week at the
MOVIES
Sgt. Smith Theater

Calendar abbreviations 8th TSC: 8th Theater Sustainment Command 25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Building AMR: Aliamanu Military Reservation	ASYMCA: Armed Services YMCA BCT: Brigade Combat Team BSB: Brigade Support Battalion Co.: Company CYSS: Child, Youth and School Services EFMP: Exceptional Family Member Program FMWR: Family and Morale, Welfare and	Recreation FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation IPC: Island Palm Communities PFC: Physical Fitness Center SB: Schofield Barracks	SKIES: Schools of Knowledge, Inspiration, Exploration and Skills TAMC: Tripler Army Medical Center USAG-HI: U.S. Army Garrison-Hawaii USARPAC: U.S. Army-Pacific WAAF: Wheeler Army Airfield
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The hunt is on for employment at FMWR’s Job Fair

Story and photo by
CHRISTINE CABALO
Staff Writer

SCHOFIELD BARRACKS — Start and finish the job search with the Family and Morale, Welfare and Recreation Job Fair scheduled April 18 at the Leilehua Golf Course. Candidates will have the chance to interview with several FMWR departments from 8 a.m. to 1 p.m.

A variety of jobs are available, from water safety instructor to contract specialist. All participants are required to bring documents normally needed when applying online, including a full resume with contact information for two professional references. Those who make it to the fair with all their documents will have a competitive edge. “Anyone who comes (with the right documents) and interviews well will get hiring preference,” said Jill Marini, a child administrator with Child, Youth and School Services and whose office is one of several hiring. “We will be giving tentative job offers, contingent on a complete background check.”

The FMWR staff said it’s trying out a new way to streamline applications during the upcoming job fair. Only those who bring all the required documents will be interviewed. “It’s really important they have two professional references and copies of any certificates needed, including a high school diploma,” Marini said. “They won’t get past the first station if they don’t have the proper documentation.” The new process is aimed at reducing both time spent by FMWR staff in confirming credentials and waiting time for tentatively hired candidates. Fair attendees bringing additional credentials, including forms for veteran and spouse preference, will be ranked higher for job consideration.



Benjamin Adkins, a recreation assistant at Tropics Recreation Center plays a game of pool. The Family and Morale, Welfare and Recreation office is looking for several recreation assistants and other job positions during its upcoming Job Fair scheduled April 18.

Marini said, once employers make a tentative offer, the candidates could get started on the needed security checks required to work. During the fair, additional FMWR staff will guide selected candidates in filling out needed digital security check forms, mandatory fingerprinting and additional requirements needed by Human Resources. “After the fair they should have 90 percent of the hiring process finished,” said Tod Scalf, chief of Business Opportunities, Business Operations Division. “We’re looking for a shorter turn around, and this format takes a lot of steps of the process put into in one location. People will feel like part of the team.” Scalf said the FMWR staff is looking to hire

more than 40 people in various departments. The next fair may not occur again for several months, so Scalf and Marini said candidates stand a good chance at getting hired at this upcoming fair. “They should match their resume to the job they are applying for,” he said. “If you have all necessary paperwork and a willingness to be there, then you’ll be better prepared. For many entry-level positions, the standard qualifications are reading and writing in English, as well as having a GED or high school diploma. Marini said her daughter was able to work at 18 years old in an entry-level position with FMWR. Marini started her own career in an

entry-level spot, and then she developed her skills to work in her current position. “We offer an amazing amount of training,” she said. “We have our own academy online and other Web training made available to employees. There is a lot of on-the-job training.” Scalf said the process should also help candidates feel like part of a team who will work with them. He and Marini said FMWR jobs have a lot to offer candidates, including excellent government benefits for vacation and health care. “This is especially good for a military spouse; (it) makes it easier for me getting another job at another base or garrison when we (permanently change stations),” Marini said. “It’s great portability to transfer internally. There is a lot of room for growth.”

What You Need at the Job Fair

- Job Fair applicants must have the following documents with them to be considered:
- Resume,
 - Two professional references with contact information,
 - DD 214 for veterans,
 - Sponsor orders form for military spouses, and
 - SF 50 or DA 3434 forms for current employees.

More Online

For those who are applying for positions with education requirements, including positions with Child, Youth and School Services, needed documents include a high school diploma or college transcripts. For more information, check the FMWR calendar listing at www.himwr.com.



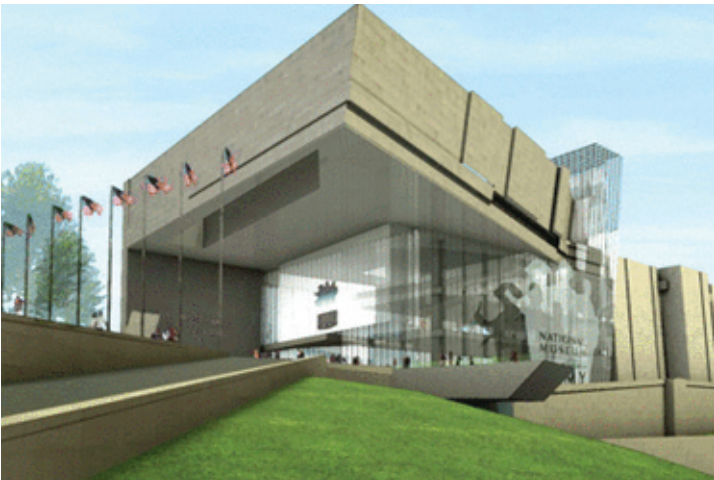
A great Army deserves a great museum

RETIRED COL. DAVE FABIAN
Army Historical Foundation
ARLINGTON, Va. — The U.S. Army, the nation’s oldest and largest military service, is the only one of our armed forces without a national museum.

Although Congress directed the Army in 1814 to collect and exhibit standards, colors and artifacts from the Revolutionary War and War of 1812, that charge has gone unfulfilled for two centuries. That’s about to change, however.

The Army Historical Foundation of Arlington (AHF), Va., is spearheading a \$200 million campaign to tell the comprehensive storied history of our nation’s Army by building the National Museum of the United States Army at Fort Belvoir, Va.

AHF currently plans to open the 185,000 square foot educational destination and national landmark on June 14, 2019, the Army’s 244th



Courtesy of Skidmore, Owings & Merrill LLP

This is a conceptual rendering of the National Museum of the United States Army.

Birthday.

The museum will be a state-of-the-art facility featuring interactive and engaging exhibits and galleries covering the period of the Revolu-

tionary War to today’s uncertain battlefield. Also included will be an experiential learning center devoted to geography, science, technology, en-

gineering and math educational programs for middle/high school students, and an outdoor area with a memorial garden, amphitheater, parade ground and Army trail.

A project of this magnitude and national significance requires the encouragement and involvement of the nation.

The late Sen. Daniel K. Inouye, a recipient of the Medal of Honor, was a strong advocate for the National Army Museum.

Addressing the Army Historical Foundation several years ago, he delivered a moving personal account of the Japanese attack on Pearl Harbor and the impact his World War II Army service had on his life and career.

“The Army shaped the course of my life,” Inouye said. “I was the enemy one day, a senator the next and (then) the president pro tem. This can happen only in one place – here in the United States.”

Have you set your family up for the future with a will?

ROBERT P JOHNSON
Army News Service

If your life ended tomorrow, how prepared would your family be? This article isn’t a commercial about life insurance, but more. It’s about how would your family be able to meet your desires and how would they transition to a life without you.

Recent events in my life have shown me how truly difficult the process of losing a loved one can be. Simple questions, such as what type of service or memorial would you want, may seem silly as you walk about, but can be excruciatingly painful for family members who have to make these decisions in a very short window of time without your input.

Everyday things that we routinely take for granted can become stressful and painful for those left behind. A simple task such as paying bills or changing accounts for automatic payments turn into aggravation without account numbers, log in names and passwords.

A family who loses the person who normally pays all the bills can suddenly find themselves lost in a sea of bureaucracy.

There is hope, but it takes a little planning on your part.

According to the website, www.oktodie.com (yes, that is an actual site), following a checklist is the best way to make sure you don’t leave details out. The website offers a variety of checklists, including how to build your bucket list.

First, everyone should have a will, and actually, not just one. There are really two types of wills: one while you cling to life and the other when your grip on life is gone.

A **living will** is the document your loved ones would need if you were suddenly placed onto life support. The decision to terminate ventilators and other devices to keep you alive would be up to a family already in grief.

A **final will** can help with your desires on what to do with your personal effects, such as who gets your home, car or your copy of Radioactive Man No. 1. I’ve seen the best and worst come out in relatives when a loved one passes, and that is

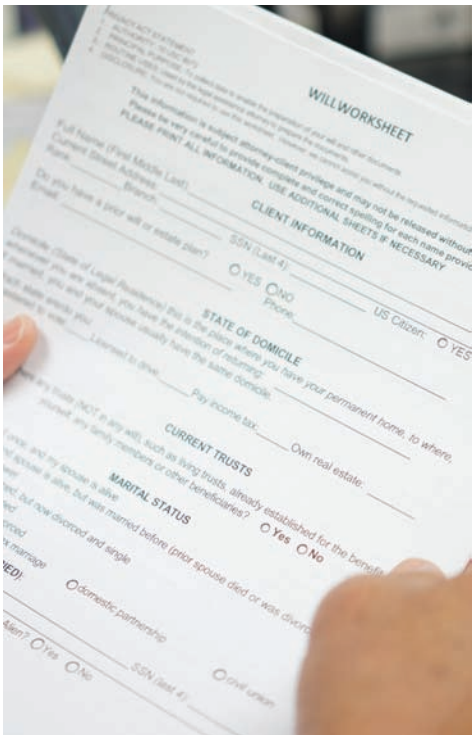


Photo by Christine Cabalo, Oahu Publications

Verndal C.F. Lee, legal assistance chief at the U.S. Army Hawaii Consolidated Legal Center, looks through the wills forms available at the center.

mainly due to who wanted what and how much. If you don’t have a will, the Legal Assistance office can help. It can assist you with putting together the right legal documents or point you in the right direction. But a will isn’t the only document you should prepare. Back to oktodie.com, it suggests storing information on your accounts, insurance policy numbers and contact information in a secure place, but make the document known to select family members. A letter describing how or what you want at your memorial or service is also a huge burden removed from a grieving family. Talk to your family about finances and other

monetary issues. You don’t have to go into specifics on how much is available, but those five shares of Walmart you bought back in the 90s shouldn’t be discovered by an archeologist a century from now. Life for your family after your death shouldn’t be a scavenger hunt.

And don’t forget your furry friends. Sometimes it would be very beneficial for the family to know of your wishes concerning your pets.

Establishing a will, having plans and communicating that information to your loved ones won’t replace you or reduce the grief, but it will make things easier for them. Plan today, because none of us know what tomorrow will bring.

(Editor’s note: Johnson works at Fort Leonard Wood, Mo.)

More Online

Do you have a bunch of reasons why you have not completed a will? Review the questions and answers in the article “If you think you don’t need a will, think again” at www.hawaiiarmyweekly.com/2016/03/21/if-you-think-you-dont-need-a-will-think-again/.



Legal Assistance Office

The Schofield Barracks Legal Assistance Office can answer questions about living wills and assist in their preparation. In most cases, it recommends execution of a living will along with a last will and testament.

Make an appointment to visit the Legal Assistance Office in Bldg. 2037, 278 Aleshire Ave., Schofield Barracks. Its hours of operation are Mondays, Tuesdays, Wednesdays and Fridays, 9:30 a.m.-4:30 p.m., and Thursdays, 1-4:30 p.m. (walk-ins on Tuesdays). Call 655-8607.

RSO gives Easter schedule

RELIGIOUS SUPPORT OFFICE

U.S. Army Garrison-Hawaii
The Religious Support Office has announced the following Easter celebrations. The community is invited to participate.

PROTESTANT

March 25

- 5:30 p.m., Protestant Good Friday Service at Main Post Chapel, Schofield Barracks
- 7 p.m., Protestant Good Friday Tenebrae Service at AMR Chapel.
- 7 p.m., Protestant Good Friday Service at Wheeler Chapel.

March 27

- 6:15 a.m., Easter Sunrise Service at Weyand Field, Schofield.
- 6:30 a.m., Easter Sunrise Service at USS Missouri, Pearl Harbor.

CATHOLIC

March 25

- 3 p.m., Good Friday Service at Main Post Chapel, Schofield.
- 5 p.m., Good Friday Service at AMR Chapel.

March 26, 7:30 p.m., Easter Vigil Mass, at MPC. (No 5 p.m. Saturday Mass at Wheeler.)

March 27

- 8:30 a.m., Easter Sunday Mass, at AMR Chapel.
- 10:30 a.m., Easter Sunday Mass at MPC, Schofield.

April 3, 3 p.m., Divine Mercy Devotion, at Wheeler Chapel & AMR Chapel, with confessions afterwards.

April 15, 6 p.m., Confirmation Mass with Bishop Buckon, at MPC, Schofield.

April 16, 5 p.m., North Area First Communion Mass, at MPC, Schofield. (No 5 p.m. Mass at Wheeler.)

April 30, 5 p.m., South Area First Communion Mass, at AMR Chapel.



Exchange’s ‘You Made the Grade’ rewards military keiki

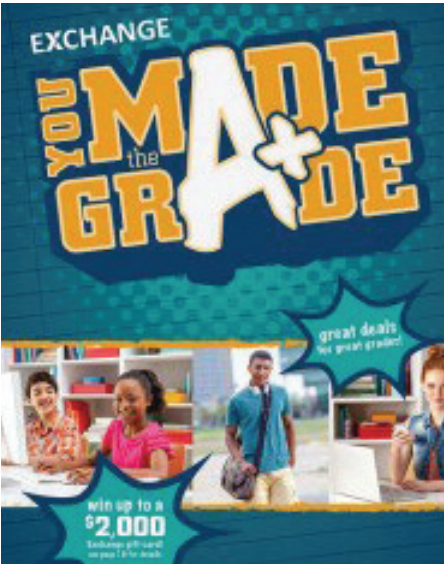
ARMY & AIR FORCE EXCHANGE SERVICE
News Release

DALLAS — For military students, making multiple moves with their active duty parents is just a part of life.

In fact, military children typically move six to nine times by the time they’ve completed 12th grade, according to the Military Child Education Coalition.

The Army & Air Force Exchange Service appreciates the sacrifices military students make and is rewarding young scholars who excel in the classroom with its You Made the Grade program, now in its 16th year. Students in first through 12th grades who maintain a B average or better are eligible to receive a coupon book filled with free offers and discounts from the Exchange.

“Military students face greater challenges than their civilian counterparts, including coping with separation from parents who are deployed and switching schools during moves to new duty stations,” said Air Force Chief Master Sgt. Sean Applegate, Exchange senior enlisted adviser. “These students deserve to be rewarded for their hard work, and for 16 years, the You Made the Grade program has been a favorite among military families.”



Courtesy of Army & Air Force Exchange Service

The "You Made the Grade" program rewards military keiki who earn good grades.

The You Made the Grade booklet includes coupons for free food, such as a Burrito Supreme or Taco Supreme from Taco Bell, a small chicken Philly sandwich at Charleys, a

Chicken Po’Boy at Popeyes, and a bacon double cheeseburger and small fry from Burger King.

Students who make the grade will also score Snack Avenue coupons for a free fountain drink, including the Yeti frozen carbonated beverage, and a complimentary hot dog or roller grill item. Other offers include discounts on backpacks, shoes and more. Offers are valid through July 30.

The booklet also includes an entry form for the You Made the Grade semiannual sweepstakes. Scholars can enter to win Exchange gift cards worth \$2,000, \$1,500 or \$500. Entries can be submitted twice a year, with drawings typically held in June and December.

Students, including those who are home-schooled, can receive a You Made the Grade coupon booklet by presenting a valid military I.D. and proof of an overall B average at their nearest Exchange customer service area. Eligible students can pick up one booklet for each qualifying report card.

Students and guardians can check with their local Exchange store manager for more information about the Exchange’s You Made the Grade program.

Entry Address

Students can send You Made the Grade sweepstakes entry forms, which are included in the coupon booklets, to this address:

You Made the Grade
P.O. Box 227398
Dallas, TX 75222-7398

About AAFES

The Army & Air Force Exchange Service goes where Soldiers, Airmen and their families go to improve the quality of their lives through goods and services provided.

Exchange earnings provide dividends to support military Morale, Welfare and Recreation programs.

The Exchange is part of the Department of Defense and is directed by a Board of Directors, responsible to the Secretaries of the Army and Air Force through the Chiefs of Staff.

Coffee shop confessions spark memories of parenting

“So Lilly, what did you tell Father Kris?” I asked our 15-year-old daughter, recently, at a local coffee shop.

We had just picked her up from a confirmation class retreat, which included confessions with our parish priest. This sacrament is shrouded with an impenetrable veil of secrecy, but we knew Lilly would tell us.

“Well,” she revealed between slurps of hot cocoa, “I told him, ‘Bless me father for I have sinned; it has been eight years since my last confession ...’”

“Yes, yes, we know that part. ... We want to know what you confessed to?” I said.


I felt a twinge of fear when I realized that our youngest daughter might shock me with her answer, but Lilly responded, “I told him that I’ve been disrespectful to you guys a lot over the years.”

Relieved, I plopped another puddle of ketchup alongside my fries and let my mind wander back to Lilly’s first confession to Father Jim when we were stationed in Virginia eight years ago.

Second grade was a dicey year for Lilly. Emerging from the shadow of her dominant older siblings, Lilly was making her mark in Mrs. Ryan’s class at Fairfield Elementary School. However, it still wasn’t clear whether Lilly’s “mark” would be top grades or graffiti on the girl’s bathroom wall.

My Navy husband, Francis, was deployed for a year, and I was doing my best to hold it all together. Between the exterminator bills, scout meetings, dog walks, soccer games, dryer lint, piano lessons, sinus infections and football practices, there wasn’t much time left for mother-daughter chats about right and wrong.

As the third child, Lilly often got the short end



THE MEAT & POTATOES OF LIFE

LISA SMITH MOLINARI
Contributing Writer

of the stick, but she never once stopped to ask, “What about me?”

With a smile full of awkward teeth, a fistful of her favorite Polly Pockets and a carefree attitude, Lilly was easy to love. But as a happy-go-lucky kid, Lilly was also easy to overlook.

Until one day when I got a call from the school.

“Mrs. Molinari,” Principal Stubblefield told me one afternoon, “we think Lilly has forged your signature. Can you come in?”

Apparently, Lilly had bossed a boy on the playground and was told to have a parent sign the Incident Report. Rather than draw any unnecessary attention to herself, Lilly decided to sign it for me.



Courtesy photo

Sometimes the best discussions can occur during a coffee break or meal, according to the author.

Principal Stubblefield to rough Lilly up a little bit. Well, not exactly, but we planned that she would call Lilly to the office (every kid’s worst nightmare), sit her down across from the big desk and open the gigantic rulebook to the page that says dishonest kids get expelled from school.

In case that didn’t scare her straight, I took Lilly to her first confession. I stood in the back of the church as she walked down the center isle to sit in a pew with Father Jim.

I couldn’t hear what was said, but I saw Lilly’s little head bobbing as she told Father Jim a long story. He listened intently and murmured back to her in solemn tones.

Seeing Lilly confess, I bowed my own head and admitted that I should’ve paid more attention to my little girl.


At the coffee shop, Francis finished the last of his tuna melt and asked Lilly what she was given as a penance. Rolling her eyes, Lilly reported, “Between now and Easter, I’m supposed to perform acts of respect toward my parents.”

Despite our own parenting missteps, Lilly has turned out to be a pretty honest kid, and we realize that these moments of contrition have helped all of us to be better people.

As for those “acts of respect,” I confess, we’re still waiting.

(Editor’s note: More samples of Molinari’s insights into military life and parenthood can be found on her website at www.themeatandpotatoesoflife.com.)

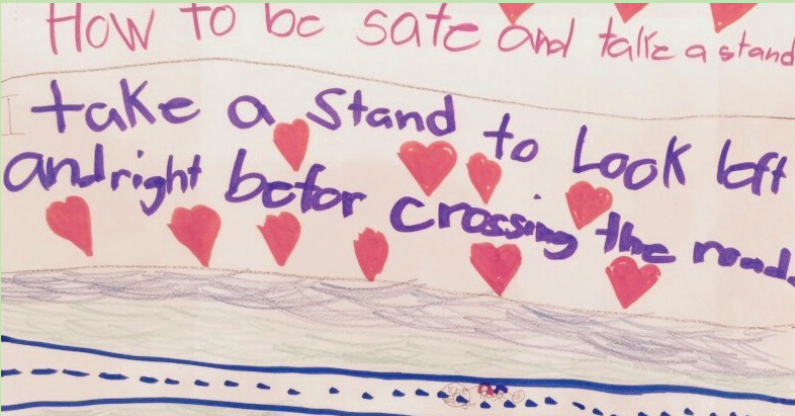
POSTER CONTEST



Sexual Harassment Assault Response & Prevention
Hawaii SHARP 24/7
Hotline (808) 655-9474

Suicide Prevention
Hawaii Hotline
24-hr Crisis Line: (808) 632-3100
Neighbor Islands: (800) 753-6879

Adolescent Support and Counseling Service
(808) 655-9944



Contest entry artwork provided by Raveona Williams, 2nd Grade

March 2016

BRAIN INJURY

AWARENESS MONTH

Prevent, Recognize, and Recover

With proper awareness of causes, signs and symptoms, we can properly identify and quickly treat TBIs that could otherwise potentially lead to a lifetime of injury and disability.

For seniors, create a safe environment by using non-slip mats and grab bars in showers,

With proper awareness of causes, signs and symptoms, we can properly identify and quickly treat TBIs that could otherwise potentially lead to a lifetime of injury and disability.

Contact the Brain Injury Clinic at Tripler Army Medical Center at 433-6405, or U.S. Army Health Clinic, Schofield Barracks, at 433-8199.

Visit the Defense and Veterans Brain Injury Center at <http://dvbic.dcoe.mil/resources>.



Performance Triad builds momentum, edges closer to roll out

DAVID E. GILLESPIE
Army News Service

FORT CAMPBELL, Ky. — Getting Soldiers the proper equipment to fight the nation’s wars takes considerable time and effort, and the same is true when it comes to equipping them for the Performance Triad program, which continues to push toward an Army-wide roll out.

If the program sounds familiar, it's because Army Medicine's Performance Triad first launched as a pilot in 2013, and it continues to usher a groundswell of health culture change by providing a wealth of resources to boost military readiness and family well-being.

With a prolific Web and social media presence, this science-backed program takes its namesake from the triad of sleep, activity and nutrition. It’s considered to be the foundation of a ready and resilient modern force, but bringing the program to the masses, however, is a multi-phased and time-intensive process.

"From a science perspective, the Performance Triad is packed full of the best science," said Col. Deydre Teyhen, director of health and wellness for the Army surgeon general and the lead for Performance Triad in Falls Church, Va. "As we get ready to roll this out Army-wide, what we need to learn is what units are



Photo by David Vergun

Important information and helpful links on sleep, activity and nutrition — the three components of the Performance Triad — are now available as an app that can be downloaded to any smartphone. Future versions will contain interactive features.

doing to make the program effective. We can take those best practices and roll it out to all units as we go Army-wide."

In other words, the pilot is not about proof of concept. Instead,

it aims to determine the best approach for instituting a cultural lifestyle change of sizeable magnitude.

"First, we create Performance Triad coaches, who then take the unit through a 26-week challenge over a six-month period," said Teyhen. "The coaches receive training to deliver those competitions and modules to the Soldiers. While the training is going on, we provide an orientation and overview for all of the Soldiers in the unit to ensure they understand why we are going through the Performance Triad and what it should look like in the next six months."

In the process, Soldiers are screened to identify their risks in sleep, activity and nutrition. The coaches ensure they know what installation resources are available to help them maximize their personal health readiness. The Performance Triad team returns to the unit in the third and sixth months to see how well Soldiers are progressing and gauge the effectiveness of teaching methods.

"Effectiveness doesn't happen from D.C.; effectiveness happens in the unit," Teyhen said. "We have to learn how units supply this best, and to ensure they optimize performance and readiness."

(See www.hawaiiarmyweekly.com/2016/03/23/performance-triad-builds-momentum-edges-closer-to-army-wide-roll-out/.)

ZIKA VIRUS

Know How to Protect Yourself

With proper precautions, Zika is not expected to pose a health risk to troops. Due to a potential connection with birth defects, pregnant women should avoid exposure.

What is Zika virus?

Zika virus (Zika) is one of several infections transmitted by the *Aedes* mosquito, which also transmits Dengue and Chikungunya. It is also possible to spread Zika through blood transfusions and sexual contact. The best way to prevent Zika is to prevent mosquito bites. No vaccine or specific treatments are available to prevent or treat Zika.

The American Red Cross is asking people to avoid donating blood if they traveled to Latin America or the Caribbean in the past 28 days.

Until more is known, if your sexual partner has traveled to or lives in an area with active Zika virus transmission, you should abstain from sexual contact or correctly use condoms everytime you have vaginal, anal, and oral sex for the duration of the pregnancy.

Where is it found?

Zika is common in areas of Africa and Asia. Most recently, it has been rapidly spreading in South and Central America. The virus is expected to spread to nearly all countries in the Americas.

What can you do to protect yourself?

The best way to prevent Zika is to prevent mosquito bites. No vaccine or specific treatments are available to prevent or treat Zika.

CIVILIANS AND OFF DUTY SOLDIERS:

- Minimize time outside when mosquitos are active.
- Empty water from containers such as garbage cans, wading pools and flower pots.
- Control mosquitoes around the home by eliminating standing water where mosquitoes breed.
- Wear long-sleeved shirts and long pants.
- Stay in places with air conditioning or use screens that keep mosquitoes outside.
- Use DEET or picaridin insect repellent on exposed skin.
- Treat clothing and gear with permethrin or buy permethrin-treated items.

SOLDIERS SHOULD USE THE OOD INSECT REPELLENT SYSTEM

- Wear a factory-treated Army Gaiter (Uniforms (ACU) Permethrin). Check the tag to your uniform to confirm if factory-treated. The Army Physical Fitness Uniform (APFU) is not treated with permethrin.
- Apply DEET or Picaridin repellent to exposed skin.
- Properly wear your uniform: tuck in your shirt into trousers, and wear shoes down and snugly fastened.
- Sleep inside a permethrin-treated tent.

What are the symptoms?

About 1 in 5 people infected with Zika becomes ill. The illness is usually mild and symptoms last from several days to a week. Recently, Zika infection has been linked to Guillain-Barré syndrome and to infants born with birth defects.

What are the dangers for pregnant women?

During pregnancy Zika may pass from mother to baby. Some women infected with Zika while pregnant have had babies born with microcephaly, a condition where a baby is born with an abnormally small head and incomplete brain development.

Studies are underway to learn more about the spread of Zika from mother to baby and the risks of Zika infection during pregnancy.

Pregnant, nursing, or trying to get pregnant?

Women who are pregnant (in any trimester) should consider postponing travel to any area where Zika virus transmission is ongoing. If you must travel to one of these areas, talk to your doctor first and strictly follow steps to prevent mosquito bites during your trip.

- Use of approved insect repellents is safe during pregnancy.
- Speak with your healthcare provider to discuss the risk of infection with Zika.
- The ACU with permethrin is safe to wear; however, if you are pregnant, nursing, or trying to get pregnant you are authorized to temporarily wear an ACU without permethrin.

If your uniform is not treated with permethrin (maternity or untreated ACU) and you and your healthcare provider decide that wearing an ACU with permethrin is the best choice, you can learn how to treat your ACU by visiting:

<http://go.usa.gov/cymw8>

When applying permethrin, always read and follow the label directions.

Note: If you are pregnant and live or work in an area with active Zika transmission, then talk to your chain of command.

All Army medical facilities have been notified of the concerns surrounding Zika infections and are prepared to assist patients who may have been infected.

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